

## Minutes of the Health and Safety Committee

Thursday, October 2, 2014

Present: Marsha Melnik (chair/recorder), Claire Hardie, Nillofer Irani, Pauline Walsh, Bill Vance

Board Liaison: John Hardie

1. a) Sept minutes amended and accepted. b) Agenda accepted.

2. Communications to and from the Board:

John

- none

3. Public Health Cooking Presentation – Monday, October 20 – from 2 to 3:30

Marsha

Marsha had sent a proposed flyer for the event to Ciara at Public Health. After the Committee discussion, Marsha will revise the flyer and send it to Ciara for final approval (copied to the Committee). The flyer will be posted in the elevator, on the flipchart board and on P1/P2/MR. Marsha will also ask Ciara if they address preparing a health lunch (light meal).

It was decided that no sign up sheet was necessary since the kitchen area can hold about 15 people (with the couches removed).

Nillofer suggested that Community Care might have a connection for more workshops.

She will contact them.

Nillofer

4. Loblaws Dietitian

John reported that Loblaws does not provide staff to do presentations off site. There are classes held at the Bathurst/St Clair Loblaws. If anyone is at the store, they will enquire about what topics are available and the cost. Also, Marsha will put this item on the agenda for the Neighbours Committee.

5 Exercise Program

Marsha reported that there was a possibility of a time spot opening up for Monday morning – so Mon am and Wed pm . Also there are about 30 people registered but only 10 are attending, so interested residents should see Mary at one of the exercise times.

6. Fire Dept Presentation

Pauline

Pauline will call about an evening presentation in late January.

7. After speaking with Isan, Bill reported that there will be electricity when the emergency generator is installed. A generator will probably be rented for the installation – there should be elevator service.  
(Followup to minutes of September)

8. Communication to Board President

Marsha

Marsha will email Frank to include in his remarks at the AGM – our two Public Health workshops and the availability of space in the exercise program.

9. Public Health Presentation on Reading Labels:

This is an evening presentation from 7 to 8:30 to allow more people to attend. Date: Monday, Nov 24

Next Meeting: Thursday November 13 at 11:00 in the Meeting Room